

# 1st Preston Renal Biopsy Course

1<sup>st</sup> September, 2012

Education Centre, Royal Preston Hospital



Endorsed by



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# Foreword

Most nephrologists perform renal biopsies on both native and transplant kidneys. Training is usually “on the job” under the supervision of an experienced biopsy operator. However, other than watching there is very little in terms of hands-on training before one performs the first couple of biopsies.

The aim of this course is to provide a short introduction regarding indications, contraindications and complications of renal biopsy with hands-on sessions in small groups as well. You will have the opportunity to practice the use of ultrasound to identify and localize native kidneys of healthy volunteers as well as transplant kidneys. You will learn and experience the effect of correct positioning of the patient in this process as well. Finally, you will gain hands-on experience with the actual biopsy itself with our purpose-built renal biopsy simulator. All of this will give you valuable experience and the opportunity to get a grip on equipment and handling in a stress-free setting.

This course does not provide formal training or certification and does not make you competent in performing renal biopsies. It can only be the starting point.

We are confident that this course will be at least as successful as our award-winning Renal Ultrasound Course in the previous years. We expect that the course will be awarded with 6 CME points by the Royal College of Physicians in London.

**Aimun Ahmed   Tracy Butcher   Michael Schulz   Alexander Woywodt**



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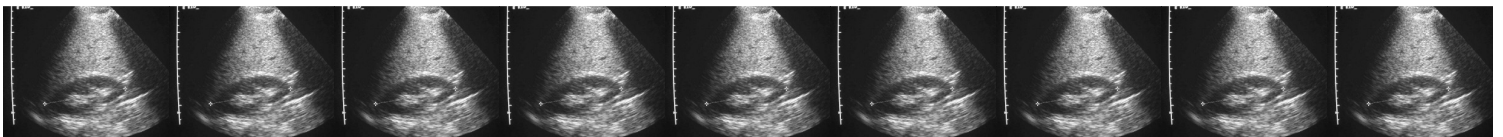
## Speakers

- Aimun Ahmed, Consultant Physician and Nephrologist, Department of Renal Medicine, Lancashire Teaching Hospitals NHS Foundation Trust
- John Anderton MA FRCP, Consultant Nephrologist and Clinical Director, Department of Renal Medicine, Lancashire Teaching Hospitals NHS Foundation Trust
- Mrs. Tracy Butcher, Consultant Sonographer, Lancashire Teaching Hospitals NHS Foundation Trust
- Prof A El Nahas, Professor of Nephrology- University of Sheffield
- Dr Alistair Craig, Consultant Radiologist, Lancashire Teaching Hospitals NHS Foundation Trust
- Dr Beena Nair, Consultant Pathologist, Lancashire Teaching Hospitals NHS Foundation Trust
- Michael Schulz MD FRCP, Consultant Physician and Nephrologist, Department of Renal Medicine, Royal Liverpool and Broadgreen University Hospitals NHS Trust
- Alexander Woywodt MD FRCP, Consultant Physician and Nephrologist, Department of Renal Medicine, Lancashire Teaching Hospitals NHS Foundation Trust



# Programme

- 9.00** 9.00 Welcome. Tea and coffee on arrival
- 9.15** Native renal biopsy: An introduction Dr Anderton
- 9.45** To biopsy or not to biopsy – controversial cases Prof El Nahas
- 10.45** Coffee break
- 11.00** How to do native and transplant kidney biopsy Dr Ahmed/Dr Woywodt
- 11.30** Buttons on ultrasound machines Mrs Tracy Butcher
- 12.00** Hands-on: Ultrasound of native and transplant kidneys (real patients) Mrs Butcher/  
Dr Schulz/Dr Woywodt
- 13.00** Lunch
- 14.00** Hands-on: Guns and needles Dr Ahmed
- 14.30** Hands-on: Doing kidney Biopsy (pig kidney in gelatine) Dr Schulz/Dr Ahmed
- 15.30** Coffee break
- 15:45** Specimens and fixation Dr Nair
- 16:15** Post-biopsy bleeding and interventional treatment Dr Craig
- 17:00** End



# How to get there



## Local directions & Parking

### How to find us - by car

From the M6 motorway:

- Junction 32 off the M6.
- Turn left off the slip road onto the A6 Garstang Road, heading towards Preston.
- At the second major set of traffic lights turn left into Sharoe Green Lane.
- The main entrance to Royal Preston Hospital is 200yds on the right.

### Car parking

Education centre 1 has a car park (see map) this will be accessible for course participants. This parking is free.

In addition, the Royal Preston Hospital has eight public car parks providing 488 spaces, 45 of these for disabled people. Car-parking charges are £10.00 per day.

### Local transport:

#### Bus Service

Preston Bus Ltd operates services from the main Preston Bus Station to the Royal Preston Hospital, via routes through local areas. Services required are numbers 7/19/22/23/123. Preston Bus has recently introduced onto the hospital routes buses adapted for use by disabled people to ensure easy access and exit from public transport. For further information please contact Preston Bus Ltd on 01772 821199 or 01772 253671.

#### Taxi Service

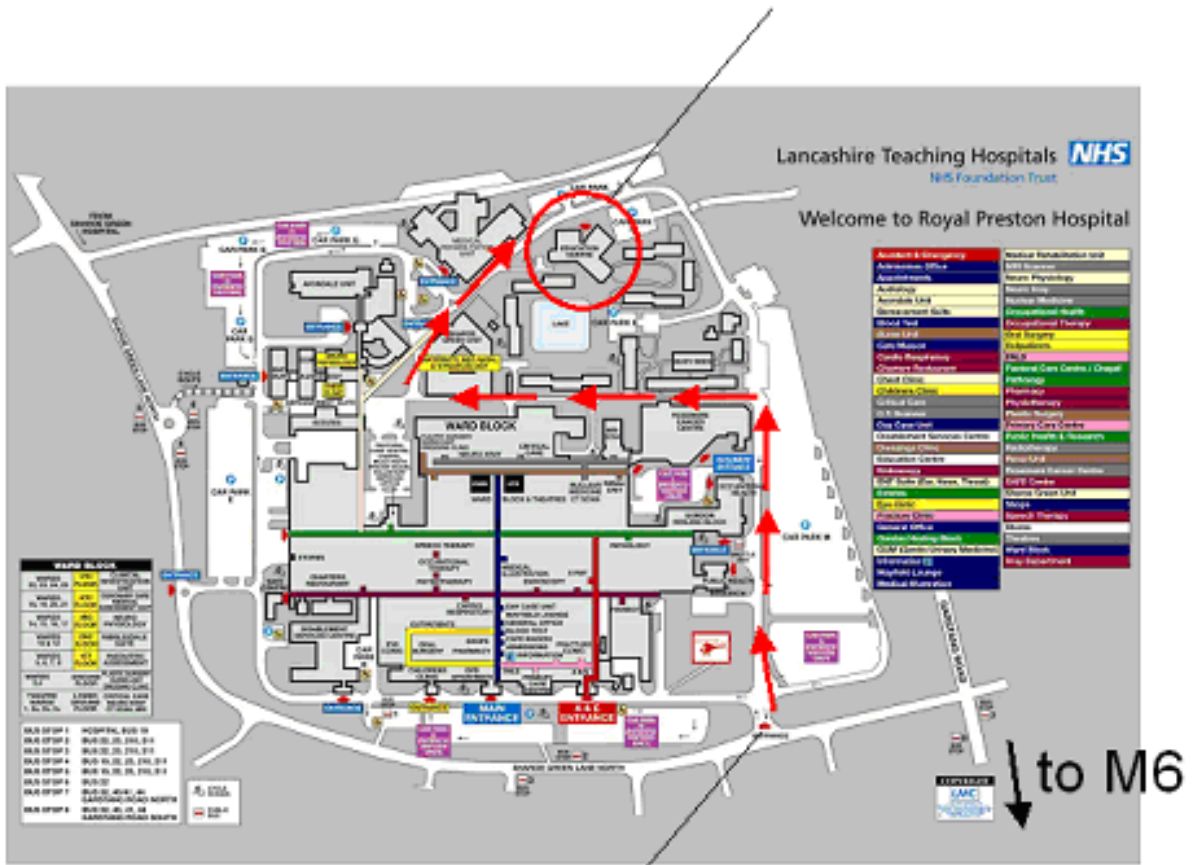
Local taxi firms also offer a service to and from the hospitals. Free-phones are available at both hospital sites to make taxi bookings.

#### Train Service

Direct trains from Manchester Airport to Preston every 30 min.

There will be signs for parking near education centre 1

# Education centre 1



Main entrance

## **How to book**

The course fee is £250,-. This includes the lectures, hands-on sessions and course pack. A CD ROM with all presentations in pdf format is also included.

You can send the completed form and a cheque to

Mrs Louise Dowling  
Renal Unit  
Royal Preston Hospital  
Sharoe Green Lane  
Preston PR2 9HT

You can pay the full amount upfront or, to secure a place on the course, send a £100 deposit. The remaining £150,- will have to be sent before or on 1<sup>st</sup> of July 2012

The cheque should be made payable to Lancashire Teaching Hospitals NHS Foundation Trust

## **Cancellation and refund**

There will be no refund for either deposit or the full payment. However you can transfer your place on the course to someone else if you are unable to attend. Please appreciate the considerable effort for this course and in particular for the hands-on sessions with patients.

Name \_\_\_\_\_

Job Title \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

I will participate in the 1<sup>st</sup> Preston Renal Biopsy Course on 1<sup>st</sup> of September 2012

Please find attached my

£100,- deposit (cheque)

or

£250,- full amount (cheque)

I have read the course leaflet and accept the no refund policy

Signed \_\_\_\_\_ Date \_\_\_\_\_

Special requirements (e.g. vegetarian food): \_\_\_\_\_